

**AMENDMENTS TO THE SPECIFICATION**

Please replace paragraph [0096] with the following rewritten paragraph:

[0096]        Such undulating protrusions 1106 may be formed from an aluminum strip with a thickness  $T$  of about 0.012" and a width  $W$  of about 0.30". The undulations 1104 in this example have a height  $H$  of about 0.55" and a spacing  $S$  between the protrusions 1100 of about 0.05". Using these values for the width  $W$ , the thickness  $T$ , and the height  $H$  yields an aspect ratio of about 8:1.